

**What is Claimed:**

1. A feeding implement, comprising:
  - a) a handle portion shaped to permit grasping by a user;
  - b) a transport portion connected to said handle portion for dipping into solid food; and
  - c) said transport portion having an outer surface with a plurality of elevations located thereon, said elevations are oriented lengthwise along the longitudinal axis of said transport portion.
2. The feeding implement of Claim 1, wherein said plurality of elevations are ridges.
3. The feeding implement of Claim 1; further comprising a mouth guard connected in between said transport portion and said handle portion.
4. The feeding implement of Claim 3, wherein said mouth guard is elliptical.
5. A feeding implement, comprising:
  - a) a handle portion shaped to permit grasping by a user;
  - b) a transport portion connected to said handle portion for dipping into solid food; and
  - c) said transport portion having an outer surface with a plurality of grooves located thereon, said grooves are oriented lengthwise along the longitudinal axis of said transport portion.
6. The feeding implement of Claim 5, wherein said grooves are lengthwise flutes.
7. The feeding implement of Claim 5, further comprising a mouth guard connected in between said transport portion and said handle portion.
8. The feeding implement of Claim 6, wherein said mouth guard is elliptical.
9. A feeding implement, comprising:
  - a) a handle portion shaped to permit grasping by a user;
  - b) a transport portion connected to said handle portion for dipping into solid food; and
  - c) said transport portion having an outer surface with a spiral ridge threaded thereon.
10. A feeding implement, comprising:
  - a) a handle portion shaped to permit grasping by a user;
  - b) a transport portion connected to said handle portion for dipping into solid food; and
  - c) said transport portion having at least two substantially flat surfaces, each substantially flat surface having a plurality of grooves located thereon.